

## PART ONE: Parent/Caregiver Information and Consent.

- STEP 1: Read through the Parent Information Sheet shown on the next screen. This sheet provides important information about the OCD? Not Me! Program.
- STEP 2: Give your consent for both you and your young person to participate in the program using the online Consent Forms shown on the screens following the Participant Information Sheet.

## PART TWO: Email Address Verification.

- STEP 1: Enter your email address in the box provided. You will also be asked to nominate a password. We will send you an email to check that your address is valid. Click on the link in the email to verify your address. Make sure to check the junk folder if you can't see the email!
- STEP 2: Once you've verified your email, you will be assigned a participant ID number (shown in the blue box on the top right of the screen).

## PART THREE: Young Person Consent and Screening.

- STEP 1: Once you have your participant ID number, it's time to bring your young person to the computer so that they can read through the Young Person Information Sheet, and provide their consent to participate in the program by checking the box on the screen that follows.
- To determine whether the OCD? Not Me! Program is appropriate for the symptoms your young person is experiencing, they will need to complete a screening assessment. This consists of some short online measures that your young person will be able to access once they have provided consent to participate.



### If the program is suitable:

Your young person will be able to access a brief pre-test assessment on the screen. Once they have completed this assessment they will gain access to the program. They will continue to complete some measures at each stage of the program to help track their progress with the program.



### If the program is not suitable:

You will receive an email notification with a link of alternative resources that may be more appropriate for your young person's current needs. Your young person will not be able to access the OCD? Not Me! Program. Additionally, if your young person indicates that they are experiencing medium-high suicide risk, you will receive a separate email outlining how to manage this situation.